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### Introduction

In 2024, UK Community Foundations (UKCF) launched the Care Leavers Programme in partnership with Local Authorities' Mutual Investment Trust (LAMIT), a shareholder of CCLA, whose generous seed funding made this first year possible.

The multi-year programme aims to provide the practical essentials that care-experienced young people need - while helping to strengthen the deep emotional and systemic support necessary – to accompany the transition to adult independence.

The £3 million match-fund scheme was launched in April 2024. The initial three years of programme funding aimed to immediately begin helping care experienced young people, and to also encourage further partnerships to expand and sustain impact over time.

As soon as the programme launched, 17 participating community foundations across England immediately began connecting with local authorities, care leavers, support organisations and each other, to act as trusted connectors for all involved.

A year into the programme, 17 participating community foundations from UKCF have supported more than 2,000 care leavers aged between 16 and 25 years old by funding 59 organisations and 411 individuals directly.

From university bursaries and driving lessons to home equipment and career coaching, the case studies provided in this report show the impact the programme has made so far for care leavers and the organisations in place to support them.

## Foreword





#### Cllr Richard Kemp CBE Chair of LAMIT and former Lord Mayor of Liverpool

When ten experienced councillors representing the four nations and all the political disciplines of the UK decide within ten minutes the sector that they wish to provide funding for, you know that the way forward must be the right one.

There has been a huge expansion of young people in care and the complexities of some of their cases. LAMIT could not hope to replicate the statutory responsibilities of councils and other parts of the sector so we decided to add to their work by providing that extra bit of cash that mums and dads, grandmas and grandpas, might otherwise put in, to provide good experiences that can help shape the lives of youngsters.

We decided to do two things.

Firstly, we wanted to establish a funding system that would provide those experiences. Crucially, we set up a direction and not a directive. We were fortunate to find in UKCF a partner who shared that ambition through its local affiliates. Our first decision was that the money needed to be spent in partnership with the relevant council.

As part of this, we decided that we would not dictate how the money should be spent. Every area has its own potentials and problems, and we want the local partnerships to establish their own directions. Perhaps that is a message we should take to central government which often over prescribes solutions.

Secondly, we decided that we would use the convening power of CCLA, which stands for Churches, Charities and Local Authorities, to bring together partners area by area in order to ensure that there was a joining up of those bodies, charities, voluntary organisations and crucially employers into a better and more responsive system.

At these events, we concentrate on the solutions and potentials of those who are in care and care experienced rather than give a reiteration of the problems. We have heard from TV presenters, concert pianists, AI experts and sportspeople who have successfully come through the system to lead happy lives.

Lots of other philanthropists and groups have seen this work and joined in, and in Year One the local community foundations spent more than we had given them because others contributed. Now we have an additional £1,700,000 from the Henry Smith Foundation who share our ideals and methodology.

Seeing the joy in a young person's eyes when they can have a proper football kit so that they can feel proud as they go on to the pitch or watching 30 kids attend a Chinese banquet are among the highlights that I have taken away from my year as Lord Mayor, when I made caring for kids the theme of my year. I hope that other organisations, especially employers, will join in to ensure that those in or who have come out of care are seen as youngsters with problems and not problem youngsters. Given the right help they can make a future for themselves and for the communities in which they live.

## Foreword





#### Emma de Closset, Chief Executive at UK Community Foundations

In its first year, the Care Leavers Programme has shown the transformative potential of placebased collaboration – where local community foundations, care leaver support organisations and local authorities build trust and respond flexibly to local need.

From Cumbria's Brighter Futures initiative that is helping young people develop resilience and work skills to Carefree Cornwall's tailored mentoring for those most at risk; from JET in Staffordshire and Shropshire creating employment pathways to Settle Support in London sustaining tenancies and mental wellbeing – every story illustrates the power of consistent, human relationships that give young adults the confidence to shape their own futures.

The variety and innovation of these initiatives are supporting independence, wellbeing and skills across the nation. They reflect the strength of a model that has been built on multiyear, flexible funding. This approach has enabled communities to grow networks of trust, improve collaboration between statutory and voluntary partners, and elevate the voices of care leavers in the design of local support and advocacy.

Children leaving care face uncertainty as they navigate complex systems, struggle to secure stable housing or employment or shoulder financial pressures without a cushion to fall back on. The first year of the Care Leavers Programme has underscored that long-term, joined-up support is not only possible, but essential to preventing these young adults from falling through the cracks.

With a promising opportunity to grow the programme across the UK with further collaborative partnerships such as the Henry Smith Foundation, we remain committed to building on this momentum – strengthening the connections, trust and advocacy that ensure care-experienced young people can look to adulthood not with fear, but with hope, stability and opportunity.

## Foreword



## CCLA

GOOD INVESTMENT



Andrew Robinson MBE, Director of Market Development at CCLA

The Care Leavers Programme is a powerful example of how shared values across sectors can lead to tangible change – where the combined efforts of local authorities, charities and community organisations have real impact well beyond what each could achieve on their own. It has been enormously rewarding to help foster the connections that make this possible.

At CCLA, we've long believed that healthy markets depend on healthy societies. That conviction, which we share with our community-minded clients, leads us to think about how we can partner to bring about positive change. Care-experienced young people deserve support and opportunities, and with this programme, community foundations are opening up new avenues of access for them.

What has been particularly inspiring about this first year is seeing how collaboration, rather than direction, has created space for local innovation. Each partnership reflects the distinct strengths and challenges of its community, yet all are united by a commitment to ensure that care-experienced young people are seen as individuals full of potential. The success of this approach shows what can happen when trust, flexibility and local insight drive decision making.

Our purpose is to help community foundations maximise their impact on society, so we are very pleased that the matched-funding model for this programme has exceeded our hopes. This first year has resulted in communities coming together to form an extended family around care leavers, with young lives impacted for the better. We are eager to see the programme expand and excited at the prospect of what lies ahead.





#### Case study: Developing brighter futures and career options

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

Type of grant

Supporting care leaver decision making and advocacy

The Brighter Futures programme is a three-year initiative supporting care-experienced young people in West Cumbria and Barrow, delivered through two complementary strands - Firm Foundations and Flourish - working together in close partnership.

Cumbria Community Foundation awarded £271,245.42 to Brighter Futures with generous support from 10 match funders, including a mix of trusts, businesses and individuals, whose investment enabled a robust and sustainable delivery model.

Firm Foundations, led by Cumbria Youth Alliance (CYA), is focused on building emotional resilience, life skills and aspirations. Flourish, delivered by Inspira, builds on the foundation laid by CYA by helping young people become work ready. This includes arranging work placements, apprenticeships and training opportunities, including roles in car garages, NHS settings, SEN schools and hospitality.

The two strands are operating in collaboration by sharing referrals, conducting joint home visits and using shared working spaces. Regular meetings with the Department for Work and Pensions (DWP), care teams and local councils are enabling a multi-agency approach. This wraparound support is flexible and responsive to the complex needs of careexperienced young people.

# West Cumbria Barrow



#### Individual impact

T, a 20-year-old care leaver, faced multiple challenges, including limited independent living skills and financial instability. With support from the Brighter Futures programme, they received guidance on setting up a savings account, managing bills and budgeting effectively. Actively participating in group activities, they contributed to presentations and decision-making processes for a peer-led

Through volunteering at a youth club and attending skills development sessions, they gained confidence and practical life skills and successfully moved into their first independent flat.

Another young care leaver, supported through the programme, was recruited as a Business Apprentice. She said, "I'm really excited. I didn't think I'd get this kind of opportunity. They're helping me build my confidence and learn how to work in a professional environment."

One programme participant completed a placement at a local school and now aspires to become a homestay provider, offering a room to students or visitors: "I didn't think I could do it, but being at [placement] showed me I can help others and maybe even host young people myself one day."



#### Wider impact

As part of the Firm Foundations strand of the programme, the CYA team work with Cumberland Council's care teams and regularly attend meetings alongside the DWP and other partners. These meetings have proven vital in coordinating support and ensuring continuity for care leavers navigating complex challenges. One young care leaver, for instance, was supported through a difficult Personal Independence Payment (PIP) application and is now volunteering with Inspira, gradually building towards employment. Her progress was made possible through multi-agency collaboration, with the local authority playing a key role in referrals and wraparound support.

Cumberland Council has also offered support at monthly caseload review meetings, highlighting the council's commitment to housing, emotional wellbeing and sustained engagement. Representatives of the Brighter Futures programme have been invited to engage with Cumberland Council's Corporate Parenting Group, strengthening its strategic alignment with local authority priorities. Claire Price from Cumbria Youth Alliance noted, "We're seeing the benefits of strong partnership working. Seventeen-year-olds are already being referred to Firm Foundations, and that early engagement is only possible because of the trust and collaboration we've built with care teams and the DWP."





#### Case study: Bridging the employment gap

#### Individual impact

Supporting education, employment and training

#### Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Supporting care leaver decision making and advocacy

In the first year of delivering the Care Leavers Programme, the Community Foundation for Staffordshire and Shropshire expanded its longstanding partnership work and collaboration with Stoke-on-Trent City Council by supporting an important new initiative.

At the time, Stoke-on-Trent City Council was looking at the support it provided to care leavers. It was preparing to support the extension of a scheme working with local employers to provide opportunities for young adults who have experienced the care system. The programme would go beyond finding jobs and tie into work-related development, work readiness and training to build lasting professional opportunities. The programme was named JET (Jobs & Enterprise Training) and was supported by the council's Employment and Skills Department.

With a previous track record of helping over 8,000 local residents return to sustainable employment, JET was ideally positioned to support care leavers who would need extra support to overcome additional and complex barriers.

## Staffordshire and Shropshire

Thanks to a successful match programme in Stoke-on-Trent, JET received funding of £25,000 to support the delivery of targeted employment and training services for care leavers who were unemployed or economically inactive.

JET has now trained over a dozen individual care leavers and has connected with a local care provider and local residential care homes to help support care-experienced children who are approaching 18 years old.



#### Individual impact

Christopher Wakefield, Operations Manager at JET, explained the programme's impact on individuals: "JET is supporting participants to combat inactivity, whatever their underlying cause, improving employability and work readiness and reducing barriers to work.

"Care leavers engaged with the programme are being offered a range of economic activities designed to improve their job prospects. This includes support with job searching, CV building, employability development, specialist stakeholder interventions, supported volunteering placements and training staff with their centralised team at JET."



#### Wider impact

Stoke-on-Trent is a former industrial area, and many of the city's older residents are highly skilled in their field, but the skills are not easily transferrable. When industries closed this led to high unemployment, and as these industries were traditionally family industries, where one generation follows the next, it led to generational worklessness.

This initiative marks a significant step forward in ensuring that care leavers in Stoke-on-Trent have access to the tools, guidance and opportunities they need to build brighter futures. By leveraging JET's expertise and infrastructure, the programme is creating pathways to employment that are both inclusive and sustainable.







#### Case study: Supporting care leavers most at risk

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

Type of grant

Enabling capacity building and development

Supporting care leaver decision making and advocacy

Cornwall Community Foundation joined the programme with a focus on helping careexperienced young people across Cornwall to access the vital support already out there. It partnered with Carefree Cornwall, Cornwall's leading charity dedicated to supporting young people in or leaving care. This collaboration was backed by a grant of £70,000 per year, aimed at transforming the lives of care leavers in Cornish communities, and was match funded by Sedel Collings Foundation.

The programme is supporting care leavers in Cornwall who are most at risk of significant challenges in adulthood. This includes young people who are struggling to stay in education, employment or training; young parents who are not receiving existing support; those involved in or at risk of criminal activity; and young people who are experiencing or are at risk of homelessness. By focusing on a smaller, targeted caseload, Carefree Cornwall is offering the dedicated assistance required to navigate challenges of transitioning to independent adult life.

## Cornwall

Cornwall Community Foundation worked closely with Carefree Cornwall and Cornwall Council to develop the fund criteria and understand how best to connect with care leavers who are currently at risk. Cornwall Council's Service Manager for Cornwall 16+ and Separated Children Seeking Asylum Service joined the community co-design session and sat on the grant award panel to agree the award for Carefree Cornwall. The grant is supporting two new salaried posts, a Senior Specialist Support Worker and a Tenancy Support Worker, who are working with a targeted case load of 28 care leavers to support young people experiencing challenging situations.



#### Individual impact

Lawrence, a care leaver, sits on the grants panel at Cornwall Community Foundation and works as an advocate for care leavers. In a blog Lawrence wrote for Gov.UK, he said: "I'm Lawrence, a 24-year-old care leaver and care-experienced professional currently working full time at Carefree Cornwall.

"My journey began with joining the Carefree Board of Trustees. I'm now proud to be part of the National Children's Bureau's Social Care Advisory Board, where I provide livedexperience insight to shape national conversations about children's social care. I also sit on the Cornwall Community Foundation Grant Panel, which has allowed me to give back to the community while helping shape the kind of change I would have benefitted from growing up."



#### Wider impact

Carefree Cornwall is working to raise the profile of the needs and experiences of careexperienced young people across Cornwall Council, with excellent examples of youth voice and leadership. Recently, Carefree Cornwall empowered care-experienced young people to shape the Department for Education's new Support for Care Leavers website.

Talking about the Care Leavers Resource, Lawrence said: "This is the kind of resource I wish had existed when I was transitioning out of care... For young people who may not have a strong support system, having this kind of centralised, easy-to-understand resource could be life changing. Whether you're applying to university, looking for work, sorting benefits, or just trying to figure out how to start living independently, this website gives you a starting point."





#### Case study: Helping care-experienced young parents

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Type of grant

Enabling capacity building and development

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Baby Steps is an innovative support programme for care-experienced and expectant parents aged 16 to 25 in the rural county of Herefordshire. Before its launch, there was no coordinated service across statutory agencies and community partners specifically designed to meet the needs of care-experienced young parents.

Recognising the unique challenges that care-experienced young people face in and after care, Herefordshire Community Foundation secured funding to establish Baby Steps. This new programme supports care-experienced young parents from pregnancy through to early childhood. Home-Start Herefordshire leads the Baby Steps programme in partnership with local statutory agencies and community organisations. Local charities with expertise in care-leaver support were instrumental in shaping the programme's design and delivery.

While Herefordshire Council has not funded the Baby Steps programme, the Vice-Chair of Herefordshire Council serves on the Steering Group, helping to strengthen county-wide coordination and raise awareness of the needs of care-experienced young parents. This collaborative approach is ensuring that participation in the programme is entirely voluntary and free for all eligible care-experienced young parents across Herefordshire.

### Herefordshire

For young people who have grown up in care, relationships are often disrupted. Baby Steps is offering consistent, longterm support that builds trust and fosters meaningful engagement with support workers. All those involved have adopted a trauma-informed approach, ensuring engagement builds safety rather than reactivates trauma. Care-experienced young parents have shaped the programme, resulting in a peer-led group that meets regularly with their children building confidence and a sense of community.



#### Individual impact

Feedback from parents, coordinators, and local agencies has been overwhelmingly positive. Mothers and fathers have described Baby Steps as "a godsend", sharing sentiments such as:

"I've never experienced support like this before."

"Baby Steps support sounds wonderful. As a care leaver, I am so grateful you considered us and how you may be able to benefit us as parents; it's such a wonderful thing."

Fathers who have engaged with the programme have spoken candidly about its benefits: "It's been brilliant having someone who actually understands to talk to. Getting out and about has been amazing, and I'm becoming more confident."

"Having someone who understands children and what it's like being a dad is really useful. The coordinator is very calm, and that relaxes us."



#### Wider impact

Mandie Preece, Baby Steps Project Lead, reflected on the programme's impact so far: "We are learning so much from the young parents supported through this project; it is a real privilege to be part of their journey into parenthood."

James Teppin, a Baby Steps Coordinator, highlighted the growing demand and the value of inclusive support: "Just putting the word out about Baby Steps and our Direct Dad Support has shown there is a real need for support around the county and beyond. The feedback from professionals has been amazing, and getting to work alongside dads and father figures as well as mums is both rewarding and fun."

Baby Steps continues to evolve in response to local need, offering compassionate, coordinated support to young care-experienced parents navigating early parenthood, helping them build brighter, more confident futures for themselves and their children.







#### Case study: Enabling opportunities for personal growth

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Supporting care leaver decision making and advocacy

Norfolk's geography is diverse and, because of this, experiences of children growing up in the care system can vary hugely. Therefore, Norfolk Community Foundation learnt that personalisation has been key to supporting care leavers across the county. Awarding individual grants tailored to individual needs, such as bespoke swimming lessons, flooring for a new home or driving lessons for those living rurally have a disproportionately positive impact.

Norfolk Community Foundation has combined practical support – such as white goods, clothing or household items - with opportunities for personal growth - like travel and hobbies – to build resilience and confidence in care-experienced young people. The certainty of multi-year funding enabled proactive planning and, building on existing relationships, Norfolk Community Foundation was able to meet demand and bridge funding gaps in oversubscribed schemes.

With strong links to the county council, social workers and local charities already in place, Norfolk Community Foundation's direct referral system ensured targeted reach and maximum impact. Their Independent Living Fund is providing care leavers aged 18-25 with grants of up to £500 to help them create a safe, functional home or gain skills for independent living. Grants have covered essentials such as white goods, flooring, furniture, minor repairs and counselling, as well as opportunities like driving lessons.

## Norfolk

Other examples include helping an aspiring paramedic cover accommodation costs to attend an intensive training course, and enabling young people to start businesses or learn new skills.

Each grant represents a step forward, whether through meeting an essential need or sparking ambition for the future.



#### Individual impact

Grants from the Independent Living Fund are making immediate improvements to young people's living conditions. One care leaver, for example, was able to lay new vinyl flooring in their first flat.

Their social worker shared: "They were reluctant to invite people over before, but now feel proud of their home." Such practical interventions reduce stress, build confidence and provide a secure foundation for care leavers to pursue new opportunities.



#### Wider impact

The Independent Living Fund is directly responding to a funding gap in Norfolk. It's providing care leavers with essential items and support to set up a safe and functional home, or to build the skills they need for independent living.

One example comes from Norfolk County Council's existing driving lesson match scheme for care leavers. The Council currently offers to fund 10 driving lessons to a young person, but only if they can source funding for another 10 lessons. For many care leavers, finding their half of the cost is often impossible. With funding from the Care Leavers Programme, Norfolk Community Foundation was able to bridge that gap.

Eight young people used the Independent Living Fund for this purpose in the first year of the Care Leavers Programme. For an aspiring mechanic, driving was a vital step towards employment. With the matched lessons, he progressed rapidly, and having already passed his theory test, he now has his practical test booked. This approach allowed Norfolk Community Foundation to turn a single grant into a much larger opportunity for independence and career access. The Council could see, first-hand, the difference this extra resource made, reinforcing mutual trust and paving the way for future collaboration.





#### Case study: Raising a region-wide support system

Individual impact

Supporting independent living

Supporting wellbeing and mental health

#### Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Supporting care leaver decision making and advocacy

Across Hampshire, more than 2,500 young people aged 18 to 25 are classed as care leavers. Recognising this challenge, Hampshire & Isle of Wight Community Foundation (HIWCF) began the Care Leavers Programme by exploring match fund options. It was generously matched by Sovereign Network Group (SNG), doubling the original £180,000 three-year fund to provide tailored support for more young people across the region.

The multi-year Care Leavers Programme has enabled HIWCF to build a different partnership approach with young care-experienced young adults and with wider sector delivery bodies. During Year 1's 'pilot' phase, HIWCF had conversations with local charities about what is working well and where the gaps are. This informed multi-year funding towards three youth charities that cover Hampshire and the Isle of Wight, plus a fourth charity that has recently been brought in as the programme continues to grow.

The three charities in receipt of Year 1 funding, Motiv8, Youth Options and Isle of Wight Youth Trust (IOWYT), are delivering tailored support designed to help care leavers thrive. The programme is providing a range of initiatives, including one-to-one mentoring and life coaching, wellbeing sessions, access to housing advocacy and benefits support, skills development support, and much more.

## Hampshire and the Isle of Wight

At Youth Options, the grant has allowed targeted work with 25 care leavers through the 'Step Forward' project: "With the aid of this grant, we're providing enhanced support that helps young people build positive relationships through skill-building and shared experiences," explained Heather Mulvey-Ryall, Head of Targeted Support at Youth Options. "We've seen care leavers develop confidence and peer networks through activities like rock climbing, football, gym sessions, photography workshops and a 12-week programme focused on domestic violence reflection and prevention. These new friendships are becoming vital support systems for the future."



#### Individual impact

At just five years old, K was taken into care after a court order was issued due to persistent neglect. By 16, K had moved into semi-independent living. Like many young people leaving care, she struggled with the sudden responsibilities of adult life – managing bills, cooking meals, attending appointments and maintaining her wellbeing without consistent support. Although help was technically available, K wasn't yet in a position to accept or engage with it. That changed when, at the age of 19, K was referred to youth charity Motiv8, one of the three organisations funded through HIWCF's dedicated Care Leavers Programme. She learned to budget, plan meals and care for herself in ways that felt achievable and meaningful. A standout moment came at Christmas, when K was supported to plan, cook and serve Christmas dinner for eight other care leavers and three staff members – an event she led from start to finish. The sense of accomplishment she felt that day still resonates: "Now I believe I can achieve anything I put my mind to and be a good role model for others that need it."



#### Wider impact

In January 2025, HIWCF hosted a roundtable event in Eastleigh, bringing together over 30 stakeholders with a shared commitment to improving outcomes for care leavers across the region. This event's aim was to ensure that care-experienced young people are better heard and supported through responsive, place-based grant making.

The roundtable had three key aims: sense checking funding priorities for care leaver grants; reviewing the proposed process for making small grants to individual care leavers; strengthening and mapping partnerships between key agencies, funders and support networks working with care leavers and care-experienced individuals. The event brought local authority care leaver teams into active conversation with grassroots community organisations, other funders and HIWCF. Participants were carefully selected from across youth services, homelessness support, health and wellbeing charities, further education institutions and the criminal justice sector. This allowed for cross-sector relationship building that was both strategic and deeply practical.





#### Case study: Collaborating with councils

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Kent is very large, so connecting with care leavers throughout the county was a main priority for Kent Community Foundation when it began delivering the Care Leavers Programme. As well as funding the Young Lives Foundation in the first year of the programme, its team wanted to explore other ways that ensured young care leavers were supported individually.

Kent Community Foundation began collaborating with Kent County Council to provide grants to individual care leavers who have been nominated by Kent County Council's personal advisers, as part of the Council's Leaving Care Service. 24 out of the 35 grants awarded in the first year were made through the Council from 16 different nominators. The remaining grants were decided by five other nominating organisations – ensuring support was provided across Kent. To date, 35 individual grants have been awarded to young adults who are either care leavers or who have experienced care at some point in their lives.

Grants have had to be responsive, as care leavers might need a grant fairly quickly due to changing circumstances. Kent Community Foundation's priority has been to develop and offer more through flexible support, rather than making both care leavers and their supporting professionals fit into a narrow remit of what a grant can be used for.

# Kent and Medway

Personal advisers have fed back that when a grant is awarded, "it creates a buzz within the teams and a positive ripple throughout the office as we know the difference it is going to make to the young person."



#### Individual impact

C (22) was in care from the age of 12 to 14, due to abuse from her mother. She was placed into numerous foster placements. C was then homeless on and off until she got her own place aged 21.

She recently found out she was pregnant. C's bed recently broke and so she was sleeping on her sofa, which caused backache. The grant enabled C to buy a bed frame and mattress, chest of drawers, bottle steriliser and bottles for C and her baby. C only requested the grant to cover small practical items for the baby as she wanted to prove herself to the social worker by purchasing other items in the coming months on her own.

C said: "It has been great to prepare for the baby without having to worry near my birth whether I have everything. I would have struggled to afford it on my Universal Credit, especially purchasing the bed and chest of drawers. Having all the items have reassured me and my social worker that I am prepared and will do and give everything for my baby. It has helped with my mental health as I am not stressed or worrying about how I am going to purchase items I need. It has made me calmer. I am also more rested and no longer have so much back pain from the bed. I am now prepared for when the baby arrives and have been able to feel like I am living in a home."



#### Wider impact

Personal advisers have shared their views on the Care Leavers Programme individual grants:

"It may sound dramatic, but words cannot express the difference these grants make to young people's lives. It is transforming and opens doors to employment and education; it helps make their accommodation a home; it makes them believe that they are important to somebody and someone cares what is happening in their lives. In some cases, it makes the difference between the right and wrong path."

"This funding has proven to be extremely effective for the care leavers I have supported to apply, enabling them to access opportunities they might not have otherwise. This, in turn, helped one to remain in employment they were considering resigning from."







#### Case study: Preparing young people for adult situations

Individual impact

Type of grant

Supporting independent living

Enabling capacity building and development

Supporting wellbeing and mental health

Supporting care leaver decision making and advocacy

Supporting education, employment and training

The transition to independence (moving out of care and into work or training) is often said to be experienced by young people as a "cliff edge". Break is a charity that helps careexperienced young adults and children in East Anglia to stay connected after leaving care. With a grant of £9,750 from Cambridgeshire Community Foundation, Break's Passport to Work project has been strengthening an existing three-step employment support programme designed to help young people, particularly those leaving care, to develop the skills and resilience needed to find and sustain work.

So far, 26 young people have engaged with a pathway, covering basic development supporting wellbeing, selfcare and timekeeping; employment preparation – including CV writing, careers advice and interview practice; and in-work transition support - accessing practical help with issues like attendance, workplace conflict resolution and maintaining performance.

To address this, Break assigned each young person a transition worker who provided oneto-one tailored support. In addition, regular drop-in sessions were held at supported housing sites, where training could be delivered on specific employability skills, or simply provide space for peer-to-peer conversations and wellbeing support.

## Cambridgeshire

A distinctive element of the programme was the inclusion of a coffee van, giving young people the opportunity to practice real-life, customer-facing skills as baristas. This hands-on approach complemented classroom-based training and helped build confidence in publicfacing roles.

Importantly, the pathway is flexible: young people can join at different stages, rather than needing to begin as part of a single cohort, ensuring the project meets them where they are in their journey.



#### Individual impact

B began the Passport to Work project struggling with health issues, low motivation and poor college attendance. With support from her transition worker, she identified her ambition to become a nanny and gained voluntary experience at a children's charity, supported by an Improving Lives grant for professional clothing. This experience built her confidence and skills, enabling her to apply successfully to a prestigious college. B has since completed college with three merits and an award. B has credited Break with providing life skills and emotional support, noting that her confidence has grown and she has expressed a wish to give back in the future.



#### Wider impact

The project has also shaped organisational learning at Break: "This project has helped Break to identify a need for supported routes into paid employment and we are planning to develop the Coffee Break model to enable young people to have more paid shifts and greater involvement in the running of the service."

By building both individual skills and sustainable pathways, Passport to Work is not only improving outcomes for care leavers today but also informing the future design of innovative and supported employment opportunities.







#### Case study: Making a house a home

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Community Foundation for Merseyside partnered with the Blue Sky Foundation, Football for Change and the Alan Knight Foundation to match fund the Care Leavers Programme in its first year.

Community Foundation for Merseyside understood that the transition to adult life is especially difficult for young people leaving care who often must cope with living independently at a young age. The future can look and feel lonely without the necessary financial support to move into settled, safe accommodation and achieve aspirations and ambitions as they start their adult lives.

One of the partnerships Community Foundation for Merseyside has grown through the Care Leavers Programme is with the care leaving team at Liverpool City Council. They have been working together to address a multitude of challenges faced by care-experienced young people and to provide positive experiences and opportunities from which they may not otherwise benefit. The vast majority of grants have been individual bursary awards to support the care-experienced young person directly.

## Liverpool

A quarter of the awarded grants have been used to set up a new home. This has included furnishings like carpets and blinds together with household items such as TVs, sofas and storage. Young people from a wide variety of ethnic and cultural backgrounds have been supported through the programme in its first year. An unanticipated reach of the fund has been to unaccompanied asylum-seeking young people, who are under the care of Liverpool City Council.



#### Individual impact

S.M used her £1,915 grant to furnish her flat with flooring for the hall, living room, bedroom, kitchen and bathroom. She also purchased curtains for her living room and bedroom and blinds for her kitchen. It is allowing her to live in peace, comfort and stability in social housing after her previous accommodation challenges with private landlords.

S.M's mental health and wellbeing have been boosted, having been able to furnish her new flat. It is supporting her to achieve her career ambitions because she now feels relaxed and settled, and is looking forward to planning her future.

E.L was struggling to get by, either sofa surfing or living in emergency accommodation. Due to a lot of hard work and focus, he secured a social housing flat tenancy, though unfortunately did not have any remaining Setting Up Home Allowance remaining for furniture. The £1,250 grant helped E.L with costs for his new home.

E.L has now managed to settle in his local community, and his personal adviser from the Council has noticed a significant difference in his mental health. E.L's girlfriend has since moved in, which would not have been possible without his settled home environment, and they have just welcomed their first baby together.

Before the birth, E.L said: "I can honestly say it was a huge help! Now we have a comfy sofa for me and my pregnant girlfriend to relax on. While sitting on that I'm looking at my new TV. Even the floor beneath my feet, the grant contributed to. I am forever grateful for a scheme like this and the funders. You have impacted my life positively."







#### Case study: Supporting unaccompanied asylum-seeking young people leaving care

Individual impact

Supporting wellbeing and mental health

Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Supporting care leaver decision making and advocacy

Big Leaf Foundation supports displaced young people in Surrey through a nurturing programme of various activities. It received £5,000 from Community Foundation for Surrey to deliver cultural, creative and educational trips for unaccompanied asylum-seeking children (UASC) leaving the care system.

Recognising that this is a time of heightened vulnerability and isolation, Big Leaf Foundation created five enjoyable trips to London, including walking tours, museum visits and theatre outings including an exciting trip to see The Lion King. These experiences encouraged language learning, strengthened cultural literacy and gave young people opportunities to experience a sense of belonging, identity and resilience.

During the summer of 2024, following civil unrest and increased hostility towards minoritised communities, additional risks were identified by Community Foundation for Surrey. In response, Big Leaf Foundation was awarded a £450 top-up grant to fund minibus hire. This meant that young people could travel together safely to activities without the risk of being negatively targeted on public transport. This small but critical addition ensured full participation in the summer programme and gave reassurance to both the young people and staff.

## Surrey





#### Individual impact

The impact has been transformative. One participant reflected: "Now I know I have really arrived - I didn't feel it before."

Another shared after the theatre trip: "I never imagined I would go to a theatre. It was amazing. I felt I was dreaming."

For one young man, the performance prompted him to disclose – for the first time outside of his asylum claim – the story of his father's killing. This moment of trust became a turning point in the therapeutic support he received, and later formed part of his appeal when his claim was disbelieved.



#### Wider impact

The combination of cultural enrichment and safety-focused support has enabled Big Leaf Foundation to not only reduce isolation and build confidence, but also to provide moments of healing and joy.

As the project lead put it: "These trips gave young people space to feel safe, to laugh and to see themselves as part of this country's story."





#### Case study: Opening doors to industry opportunities

Individual impact

Supporting wellbeing and mental health

Supporting education, employment and training

Type of grant

Enabling capacity building and development

Collaborating with local networks and authorities to tackle issues experienced by care leavers

As the main programme partner of South Yorkshire's Community Foundation, Affinity CIC's relationship building with Work Wise Foundation – regional heritage partners and Rotherham Metropolitan Borough Council (RMBC) – has led to transformative opportunities for five care leavers.

Three of the five care leavers participated in a week-long programme exploring the engineering and manufacturing industries through hands-on experiences and storytelling, which included site visits and workshops with United Cast Bars, Chris Hudson at Chimo Holdings, Casting Innovations, Footprint Tools, Skills Street at Gulliver's and Kelham Island Museum. The young people were also invited to the VIP launch of the Stan Shaw statue, celebrating one of Sheffield's legendary "Little Mesters" who made knives and scissors until the age of 90.

Two of the five care leavers were invited to participate in a national creative project at the RHS Flower Show at Wentworth Woodhouse, which was featured on BBC Two's Gardeners' World on 17<sup>th</sup> July 2025. This came about through the strong and fruitful relationship building between Affinity CIC and the Children's Capital of Culture (CCOC) Team at RMBC.

## Barnsley, Rotherham, Doncaster and Sheffield

The two participants collaborated with a young designer to co-create a garden installation, gaining hands-on experience in design, horticulture and public engagement. According to feedback, the pride and excitement they felt was palpable as their work was showcased on national television.



#### Individual impact

There is no doubt that these experiences have had a direct impact:

One of the engineering and manufacturing programme participants now has a clear career direction and plans to apply for roles in the sector.

Another engineering and manufacturing programme participant said: "I didn't know what jobs were out there before this. Now I know I want to work with tools and machines. I'm applying this term."

One of the participants who took part in the RHS Flower Show said: "I never thought I'd see something I helped make on TV. It's made me think I could do more creative stuff in the future."

A member of staff at Affinity CIC said: "One particular highlight is that one of our young people is now seriously considering joining our full college provision at Affinity. Since joining the programme, they've begun to believe that full-time education is something they can manage especially when the right support is in place. A really positive step forward.

"Another young person appears to have previously unidentified SEND needs, which unfortunately weren't picked up in the school system, leading to struggles with post-16 education. Through the programme, we've been able to initiate discussions with social care and begin the process of applying for an Education, Health and Care Plan (EHCP). This will enable them to receive the proper support going forward, and they are also very keen to join our full college provision."



#### Wider impact

The engineering and manufacturing programme has strengthened Affinity CIC's ties with local employers, museums and cultural leaders, demonstrating how heritage and industry can intersect to inspire care leavers.

Affinity CIC is also working in strong partnership with Virtual School Rotherham and the Council's Leaving Care team, both of whom have expressed how valuable this kind of provision is – and how much more is needed. This multi-year programme has enabled local networks to build long-term partnerships based on collaboration and trust, respond flexibly to emerging needs, leverage match funding and in-kind support. Affinity CIC has also invested in staff development – such as housing condition training, which improves frontline support and advocacy.





#### Case study: Increasing impact through local partnership and collaboration

Individual impact

Supporting independent living

Enabling capacity building and development

Supporting wellbeing and mental health

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Type of grant

Supporting education, employment and training

In its first year, Wiltshire & Swindon Community Foundation's Care Leavers Programme has brought together partners across the charity, public, and corporate sectors to provide practical support to over 80 care-experienced young people — developing local mentoring capacity and creating opportunities that build skills, confidence, and independence.

A vital part of the programme has been match-funded support from local partners, enabling more investment in local initiatives and direct help for young people. One local partner is the Lovett Foundation. After initially exploring ways to support children entering care across Wiltshire and Swindon, the Lovett Foundation realised there was a bigger gap in support for young people leaving care. As a result, the Lovett Foundation committed £100,000 over five years to the Care Leavers Programme, delivered by Wiltshire & Swindon Community Foundation.

Rebecca Maloney from the Lovett Foundation explained: "When we looked into it more, we realised there's a real lack of support for young people leaving care. We're used to working with people as young as 16 entering through our apprenticeships, so we felt that our skillset was better suited to supporting those young people who are on their journey into the workplace and independent living. That's where the idea of using the Lovett Foundation to support care leavers was born from."

## Wiltshire and Swindon

Finding the right way to provide this support had been a challenge. Rebecca reflected:

"We wanted to do something that wasn't just a sticking plaster, but something that genuinely improved young people's lives. Before being introduced to the Care Leavers Programme, there wasn't a set programme that we could get on board with. Wiltshire & Swindon Community Foundation presented to us and we were quite excited by the programme, because it was specifically for care leavers, and we could support it for five years."

Partnering with Wiltshire & Swindon Community Foundation gave the Lovett Foundation confidence that their funding would reach the right people. Rebecca said: "Pooling the money with other donors was a big factor. We felt we were part of something bigger, not just an instant hit but long-term support for young people. That really hit home for us."



#### Wider impact

The partnership has connected the Lovett Foundation with grassroots organisations like SMASH, who work directly with care leavers.

Rebecca (from the Lovett Foundation) said: "To meet an organisation like that was a real pull, because we just don't have the resources to go out and find these groups. To know that's where our money was going was great."

The Lovett Foundation's involvement has gone beyond financial support, with staff hosting care leavers at their headquarters to learn about the business and offering practical help with CV writing and interview techniques.

Referring to the five-year commitment, Rebecca said: "If we can help to change the course of a couple of young people's lives for the better, resulting in them living independently and forging a successful career, that is and has always been our aim. We just want to make a difference."

## Somerset -Community Foundation



#### Case study: Collaborating with Government to support individuals

#### Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

#### Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Supporting care leaver decision making and advocacy

Somerset Community Foundation worked hard in Year 1 of the Care Leavers Programme to establish a new kind of relationship with Somerset Council. By aligning their focus on the needs of care-experienced young people and unaccompanied asylum-seeking children leaving care, they have been able to streamline support to more organisations and individuals.

The UK Government's Staying Close programme provides enhanced support to young people leaving the care system, helping them transition to independent living. The goal is to maintain continuity of local relationships, build skills for independence, improve wellbeing and reduce homelessness, while improving outcomes in education and employment.

Somerset Community Foundation has worked closely with Somerset Council to align part of the Care Leavers Programme funding with Staying Close. As a result, Somerset Community Foundation is beginning to see a 'system' emerge.

## Somerset

Somerset Community Foundation began the process with a consultation exercise with care leavers, which was facilitated by Somerset Council, to help prioritise the funding around some key areas. As a largely rural county, care leavers stated that one major challenge for them was transport.

The Council's Leaving Care team has since established an internal referral process so that workers can refer care leavers for a travel bursary to support access to education, employment or training, various wellbeing projects and career coaching, which is being funded by both Somerset Community Foundation's Care Leavers Programme and by Staying Close.



#### Individual impact

A sports-based wellbeing project, supporting unaccompanied asylum seeking children has used funding to engage and break down barriers, and is starting to see some of its participants using this opportunity to then join local sports clubs as a gateway to the wider community.



#### Wider impact

Collaboration between Somerset Community Foundation and Somerset Council has strengthened over the course of the partnership so far, and learning continues to expand around the impact that community-led grant making is having for care leavers.







#### Case study: Building the capacity to offer meaningful support

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

Type of grant

Enabling capacity building and development

Supporting care leaver decision making and advocacy

When care-experienced young people come to St Basils, quite often they are not in education, employment or training, and very often they have experienced much trauma in their lives without the right level of support.

St Basils works with young people aged 16-25 in the West Midlands to enable them to find and keep a home, grow their confidence, develop their skills, increase opportunities and prevent homelessness. Funding from Heart of England Community Foundation enabled St Basils to hire a specific person to work with care-experienced young people into employment.

In addition to completing college and university applications, work placements and other opportunities with the young people at St Basils, the new staff member has also been working with other charities to support their work with young people. This includes engaging with Money Ready to deliver a joint money matters course and Aquarius to deliver a drug workshop.

# The West Midlands



#### Individual impact

A number of young people have been supported by St Basils in various ways. Support workers have shared some of their stories (with protected initials):

"L has completed Level 1 education and employability course called #YouCan. I have referred him to a Growth Path construction course to gain some work experience and build on our momentum of completing #YouCan. He has been supported to apply for a college course for September start."

"C has attended the BNK workshop and engaged with advice and guidance around the course and university applications. C has been offered support with applying for his college course as he has just finished his Level 2 mechanics course, but would like to remain in full-time education and wants to apply for a new course."

"S is engaging fairly well with the Employability and Development course. We have completed about half of the course; the CV module, confidence and self-awareness [have been] completed. I have also been supporting her with an application for the civil service care leavers internship."

"A has been referred to the NHS Universal Family programme. She is enrolled for college."

"K has completed the Growth Path construction work experience. I have supported him with his college application for his plumbing course (he wants an apprenticeship, but there isn't anything available), referred to the GMI training (that started this week, he has attended today). He will enrol on the Employability and Development course."

"C [had an] initial meeting and goal setting session. We had a couple of sessions together and applied for college. He wanted to explore joining the army, so we [also] looked into that together."

"R attended our initial meeting and goal setting session, and we explored options for him around building his clothing business – he will enrol on the Employability and Development course."



#### Wider impact

St Basils has been able to focus more staff support towards care-experienced young people to navigate the complex employment system across the West Midlands and build trusted networks to avoid homelessness.







#### Case study: Supporting access to higher education

#### Individual impact

Supporting independent living

Supporting wellbeing and mental health

Supporting education, employment and training

#### Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Enabling capacity building and development

Supporting care leaver decision making and advocacy

To help address some of the key barriers of care-experienced young people to accessing and thriving in higher education, Essex Community Foundation began a collaboration with Anglia Ruskin University (ARU). Funding from the Care Leavers Programme has enhanced bursaries for care-experienced young people wanting to become students or who are already attending ARU. The University has also recruited a new dedicated role to work with care-experienced students and care systems, generating insights and co-developing better support.

The Care Leavers Programme is enabling ARU to establish effective working relationships with schools and colleges, linking with local authority teams and the wider care network. More specifically, ARU is working to proactively engage with a target list of secondary schools from areas with low progression to higher education in the Eastern region, maintain positive relationships with school staff and external agencies, and offer sustained support to students.

## Essex



The network approach has allowed ARU to maintain momentum while organising events to engage care leavers, including 'Learner Days for Care Leavers'. The aim of these events is to provide students with a calm and friendly environment to learn about the university application process and student life, and understand the support available.

This collaborative model is already generating valuable insight into how care leavers navigate education, housing and independence and how systems can better respond. It is being continuously shaped through community listening to ensure support reflects the lived experiences and needs of care-experienced young people.



#### Wider impact

Andy Payne Worpole from Essex Community Foundation stated: "The flexible approach of the Care Leavers Programme has allowed us to shape the work in Essex to meet the needs of care leavers and utilise opportunities available, so maximising the impact."







#### Case study: A trusted line of support for independent living

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Type of grant

Collaborating with local networks and authorities to tackle issues experienced by care leavers

Enabling capacity building and development

Bridge for Young People, based in West Berkshire, provides vital accommodation and support to care leavers facing homelessness or housing instability. In response to a shortage of supported housing in the area and growing demand, the charity expanded its services through the opening of Wessex House, a new centre bringing together six bedrooms, seven one-bedroom flats, and Bridge's main offices under one roof. This development doubled the size of the organisation's service for young people, offering both emergency accommodation and crucial 'move-on' options for those ready to transition into more independent living.

A £20,000 grant from Berkshire Community Foundation supported the funding of a Specialist Support Worker, dedicated to helping care leavers who were ready to move from shared accommodation into new flats or their own tenancies. The role provides ongoing 'floating support' to ensure that care leavers continue to receive guidance as they build confidence and develop the practical life skills needed for sustainable independence.

Amazingly, the grant from Berkshire Community Foundation was matched by Sovereign Network Group (SNG), with an additional £10,000 awarded via Greenham Trust, ensuring that the Specialist Support Worker post would be fully funded for three years.

## Berkshire



#### Individual impact

During the first year of funding, Bridge for Young People provided high-quality accommodation for 20 additional young people, delivered an extra 130 hours of weekly support and successfully helped up to 25 young people move into more stable housing situations.



#### Wider impact

Berkshire Community Foundation has found that the most effective interventions in Berkshire have resulted from combining safe, stable housing with consistent, relationshipbased support. Bridge for Young People showed that trusted, skilled staff who offer both emotional and practical guidance are critical to helping care leavers build confidence and independence.

The multi-year structure has allowed both the foundation and grantees to plan strategically, retain staff and focus on long-term impact rather than short-term delivery. It has created closer relationships with funded organisations, enabling shared learning, deeper understanding of systemic challenges and more collaborative problem solving across the care leaver sector.

Rob Daniels, Head of Grants at Greenham Trust, said:

"The collaboration between Berkshire Community Foundation, SNG and Greenham Trust is a great example of how working together can achieve far more than acting alone. By jointly funding a dedicated Specialist Support Worker for Bridge for Young People, these funders are ensuring that vulnerable young people receive the consistent guidance and support they need to overcome challenges and move towards brighter, more secure futures."

#### **The London Community Foundation**





#### Case study: Supportive relationships that encourage self confidence

Individual impact

Supporting independent living

Supporting wellbeing and mental health

Type of grant

Enabling capacity building and development

Supporting care leaver decision making and advocacy

Settle Support is a charity that supports care-experienced young people as they move into their first home to confidently transition into independent living and thrive.

The Care Leavers Programme enabled The London Community Foundation to invest £75,000 in Settle Support over three years to cover part of the salary of a new Settle Coach role. Settle coaches work closely with young people to achieve their tenancy, money and lifestyle goals. Sessions are flexible and led by the young person, centred around growing their strengths and removing systemic barriers that restrict their opportunities. The programme is delivered in a location of the young person's choice, whether that's their home, a café or remotely. The main priority is to create consistent, transformative relationships that young people can rely on.

The new Settle Coach is delivering intensive support for 75 care-experienced young people across Lambeth and Croydon, through 675 hours of support over three years.

## London



#### Individual impact

N joined the Settle Programme and started working with his Settle Coach, Alice, shortly after leaving care and moving into his flat.

Having left his job, N found himself struggling to afford his utility bills and maintain repayments for loans he had taken out previously. He started claiming Universal Credit but quickly fell into rent arrears anyway.

Accumulating debt, and receiving warnings of debt enforcement, N was struggling with his mental health and was unable to make the full-time transition into independent living. But N's story doesn't end there. Over the course of the next 6 months, and with Alice's support, N created a monthly budget to work out what repayment plans he could afford and regularly communicated with his creditors. He applied for the grants to which he was entitled for flooring, and to furnish his flat properly. Through Settle's mental health support service, he was able to access therapy, which helped him to "understand why I feel the way I feel and do the things I do."

By the end of his time on the Settle Programme, N had set up repayment plans for all his debts and cleared his rent arrears. He'd also secured his dream job, at a restaurant that he'd always wanted to work for. Finally, he was able to move into his flat full-time, now confident in his ability to manage on his own.

Reflecting on his experience, N said that "with Settle's support I started to view my flat as more than just storage space. Now, I adore it. It's rugged but charming. It's my humble abode. I actually look forward to going home now – I can't wait. There are no arguments there. And I can actually sleep..."

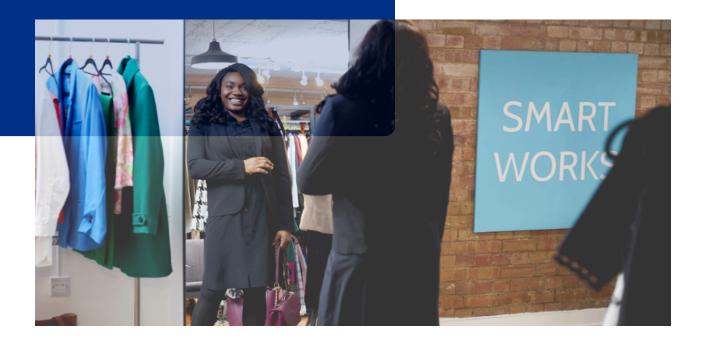


#### Wider impact

Penelope Day, Fundraising Manager at Settle Support, said:

"The support provided by The London Community Foundation will enable us to continue to grow our Settle Programme and reach more young people. Last year, we saw a 100% tenancy sustainment rate among graduates who had completed the Settle Programme one year earlier. This demonstrates the tremendous and long-lasting value of our programme in preventing care leaver homelessness, and we are so excited to be able to extend its reach."

### Acknowledgements



UKCF would like to thank all of the individuals, organisations and community foundations that have fed into this report, sharing insights and experiences that are vital for continuous learning and evolution of the Care Leavers Programme.

If you would like to learn more about the work of accredited community foundations, please visit <u>www.ukcommunityfoundations.org</u> or connect with UKCF on LinkedIn at <u>UK Community Foundations</u>.

To collaborate with UKCF on the Care Leavers Programme, please email Partnerships@ukcommunityfoundations.org.

Thank you to LAMIT and CCLA for collaborating with UKCF on this report.

